

Best Babies of the Langleys Pre/ Postnatal Group



April 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Langley Nutrition topic: Healthy meals for \$10 11 am-12:00 pm	2	3
4 	5 <i>Easter Monday</i>	6 Aldergrove Check-in 11 am-12:00 pm	7	8 Langley Check-in 11 am-12:00 pm	<p>CURRENTLY HAVING VIRTUAL SESSIONS THROUGH ZOOM</p> <p>Please contact Liliana Ornelas to request passwords</p> <p>lornelas@encompass-supports.com (778) 808-1478</p>	
11	12 MARCH PICK UP Langley Office and Aldergrove Family Place 12-2 pm *Check eligibility	13 Aldergrove Let's talk about Mom Guilt 11 am-12:00 pm	14	15 Langley Let's talk about Mom Guilt 11 am-12:00 pm		
18	19	20 Aldergrove Dental Hygiene 11 am-12:00 pm	21	22 Langley Dental Hygiene 11 am-12:00 pm		
<p>Support for pregnant women and mothers of infants ages 0 to 12 months</p>		27 Aldergrove Graduation and Circle Time 11 am-12:00 pm	28	29 Langley Graduation and Circle Time 11 am-12:00 pm		