



Best Babies of the Langleys Pre/ Postnatal Group



September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|-----------|--|--------|--|
| | | 1 Aldergrove Check-in 11 am-12:00 pm | 2 | 3 Langley Check-in/PHN 11 am-12:00 pm | 4 | 5 |
| 6 | 7  | 8 Aldergrove FASD Awareness 11 am-12:00 pm | 9 | 10 Langley FASD Awareness 11 am-12:00 pm | 11 | 12 |
| 13 | 14 AUGUST FOOD VOUCHER PICK UP Langley Office and Aldergrove Family Place 12-2 pm *Check eligibility | 15 Aldergrove Nutrition topic: Gestational Diabetes 11 am-12:00 pm | 16 | 17 Langley Nutrition topic: Gestational Diabetes 11 am-12:00 pm | 18 | <div style="border: 2px solid black; padding: 10px;"> <p>CURRENTLY HAVING VIRTUAL SESSIONS THROUGH ZOOM</p> <p>Please contact Liliana Ornelas to request passwords</p> <p>lornelas@encompass- supports.com (778) 808-1478</p> </div> |
| 20 |  | 22 Aldergrove Mental Health and Wellness 11 am-12:00 pm | 23 | 24 Langley Graduation Social and Circle Time 11 am-12:00 pm | 25 | |
| | | 29 Aldergrove Graduation Social and Circle Time 11 am-12:00 pm | 30 | <div style="border: 1px solid black; padding: 5px;"> <p>Support for pregnant women and mothers of infants ages 0 to 12 months</p> </div> | | |