



Best Babies of the Langleys Pre/ Postnatal Group



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Support for pregnant women and mothers of infants ages 0 to 12 months					1 SEPTEMBER FOOD VOUCHER PICK UP Douglas Park Rec Centre and Aldergrove Family Place 9:30 - 11:00 am *Check eligibility	2
3	4	5 Aldergrove Check-in 11 am-12:00 pm	6	7 Langley Check-in 11 am-12:00 pm	8	9
10 	11	12 Aldergrove Nutrition: All About Pumpkin 11 am-12:00 pm	13	14 Langley Nutrition: All About Pumpkin 11 am-12:00 pm	15	CURRENTLY HAVING VIRTUAL SESSIONS THROUGH ZOOM Please contact Liliana Ornelas to request passwords lornelas@encompass-supports.com (778) 808-1478
17	18	19 Aldergrove Infant Development 11 am-12:00 pm	20	21 Langley Infant Development 11 am-12:00 pm	22	
24/31 Halloween 	25	26 Aldergrove Graduation Social 11 am-12:00 pm	27	28 Langley Graduation Social 11 am-12:00 pm	29	