

Seamus' Stroll

Stroll For A Stronger Community



Hosted by the Seamus Gee Legacy Project

Langley youth are struggling to find the health and wellness support services they need to grow into healthy adults. Together, we can have a profound and positive impact on the health journey of thousands of youth and their families.

Join Seamus' Stroll - June 4, 2023

Registration opens at 10am

Walk starting at 11am

Enjoy a BBQ and games (by donation) after the walk!

Seamus Gee Legacy Project



Seamus' Legacy Project was started after Seamus' unexpected passing in 2019 as a way to honour his memory and to help others.

The goal of the Legacy Project is to help youth and families in the community through a variety of initiatives. Funds raised from the 2023 Seamus' Stroll For A Stronger Community will go to Foundry Langley.

ABOUT FOUNDRY LANGLEY

Foundry Langley is a comprehensive centre equipped with services, programs and navigation support designed to address the health and wellness needs of youth. FOUNDRYLANGLEY.CA

Location Instructions:

- Enter at the South Valley Entrance
- X Nearest parking available at the Old Orchard Picnic Area
- ★ Assemble at the Old Orchard Picnic Shelter for registration / check-in
- Seamus' Stroll will follow the Little River Loop Trail marked in green



Pledge Sheet

Pre-register & start your Seamus' Stroll team at
www.facebook.com/seamusgeelegacy

Fundraiser Name:

Address:

Phone:

City:

Prov.

Email:

Total funds pledged: \$

Collected: \$

1. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
2. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
3. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
4. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
5. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
6. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:
7. Name	Pledged: \$	Collected? Y / N
Address:	City:	Prov.
Postal Code:	Phone:	Email:

All individual gifts are eligible to receive a tax receipt from Encompass Support Services Society (ESSS).

Charitable #: 898076070RR0001. We never sell, trade or rent our mailing lists. You may receive communication, by mail or email, regarding ESSS's activities and reporting on how donors funds are used. If you prefer not to be contacted by ESSS please let us know: support@encompass-supports.com | 604.534.2171



Instuctions

ENTRY FORM TO BE COMPLETED BY
EVENT PARTICIPANT PRIOR TO THE
START OF THE WALK.

You can also raise donations online.
Start your Seamus' Stroll team at
www.facebook.com/seamusgeelegacy

Tips:

- Make a donation yourself to inspire others.
- See if your employer has a matching gift program!

Can't Attend?

- You can still fundraise, participate virtually or have your own team walk on a day of your choice!
- Use our online system for each step & post your walk photos:
facebook.com/seamusgeelegacy

Please bring pledge form and collected donations on walk day to ensure we have the info needed to provide a tax receipt to each donor listed.

WAIVER

Name:

Date:

In consideration of your accepting this entry, I herby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages. I may have against organizers holding this event, their agents, representatives successors and assigns for any and all injuries suffered by me.